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### Yildiz and Sachs

pp. 814–818

1. Which of the following is not included among the possible risk factors associated with a rapid-cycling course in bipolar illness?
  - a. Female gender
  - b. Use of anticonvulsant drugs
  - c. Use of antidepressant drugs
  - d. Early age at onset
2. Which of the following statements is true?
  - a. Existing data in the literature suggest that antidepressants precipitate rapid cycling
  - b. Existing data in the literature suggest that antidepressants do not precipitate rapid cycling
  - c. Evidence implicating antidepressants in the genesis of rapid cycling is inconsistent
  - d. There is a significant amount of evidence showing that rapid cycling has increased drastically since the introduction of antidepressant drugs
3. Which of the following statements is the major finding reported in this article?
  - a. Bipolar patients who were exposed to antidepressant drugs before their first manic/hypomanic episode had higher rates of rapid cycling than bipolar patients who were not
  - b. This study has found no association between antidepressant use and rapid cycling
  - c. Bipolar men who were exposed to antidepressant drugs before their first manic/hypomanic episode had higher rates of rapid cycling than bipolar men who were not
  - d. Bipolar women who were exposed to antidepressant drugs before their first manic/hypomanic episode had higher rates of rapid cycling than bipolar women who were not, whereas there was no such association in bipolar men

### 4. Which of the below factors may account for the conflicting results reported in the literature regarding the relationship of antidepressants and rapid cycling?

- a. Different age distribution of the study patients
- b. Different proportions of women and men in the previous studies and evaluation of the data without controlling for the possible effects of gender
- c. Different proportions of bipolar subtypes (bipolar I versus bipolar II)
- d. Different study durations

### 5. Which of the following statements is the most likely explanation of the genesis of rapid cycling in bipolar patients in the light of the present findings?

- a. There may be a structural tendency to develop rapid cycling, and depending on the severity of such tendency, female gender and antidepressant exposure may interact with each other to rouse actual expression of rapid cycling
- b. Antidepressant exposure is the only predisposing factor involved in the genesis of rapid cycling
- c. Female gender is the only predisposing factor involved in the genesis of rapid cycling
- d. Structural tendency is the only predisposing factor involved in the genesis of rapid cycling

### Johnston and Taylor

pp. 819–824

### 6. A minority of people with a mental disorder may be violent to other people. In this violent subgroup, the proportion attacking strangers is:

- a. < 5%
- b. 6%–39%
- c. 40%–69%
- d. > 70%

### 7. Men were more likely than women to attack:

- a. Strangers
- b. Acquaintances
- c. Authority figures
- d. Intimates

### 8. Which of the following may be useful in indicating that if someone with a mental disorder becomes violent it is more likely that a stranger will be at risk of attack than someone known to him/her?

- a. Age at onset of violence
- b. Age at first treatment for mental disorder
- c. Paranoid delusions
- d. A diagnosis of personality disorder

### 9. Stranger violence committed by a person with a mental disorder is more likely than not to be fatal:

- a. True
- b. False

### 10. Among people with mental disorders, which of the following statements best describes associations between motives and stranger attacks?

- a. Stranger attacks only occurred in self defense
- b. Jealousy was an important factor
- c. Acquisitive motives had been more likely when strangers were hurt
- d. Motivation is irrelevant

Answers to Pretest: 1. d 2. a



# REGISTRATION FORM

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  - B. Enabled me to identify types and frequency of violence toward intimate, acquaintance, authority figure, and stranger victims by people with mental disorders.  Yes  No
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